

# Relationship of Continuity of Midwifery Care During Antenal With Birth Preparedness in Working Area of Seberang Padang Public Health Center 2017

# Rizka Sriyouni, Lusiana El Sinta B, Aldina Ayunda Insani

Bachelor Of Midwifery Program FK-UNAND, Jln Niaga No.56 Padang City, 25127, Indonesia Bachelor Of Midwifery Program FK-UNAND, Jln Niaga No.56 Padang City, 25127, Indonesia Bachelor Of Midwifery Program FK-UNAND, Jln Niaga No.56 Padang City, 25127, Indonesia

## SUBMISSION TRACK

Recieved: Mei 17 2017

Final Revision: Agustus 18, 2017 Available Online: Nopember 24, 2017

## **KEYWORD**

Continuity of Midwifery Care, ANC, Birth Preparedness

## KORESPONDENSI

Phone: 0751 20120

E-mail:

## ABSTRACT

Continuity of midwifery care (CoC) is one of midwifery care that's given by the same midwife during antenatal care to get birth preparedness. Birth preparedness includes recognize danger signs, identifying skilled birth attendant, identifying birth location, saving money, arranging for transportation and identifying blood donors. The objective of this study was to know the relationship of CoC during antenal with birth preparedness in working area of seberang padang public health center 2017.

This study is An observational analitycs with cross sectional design to 58 respondents in working area of Seberang Padang Public Health Center during December 2016 – September 2017 that are taken with consecutive sampling technique. Data collection by using a validated questionnaire and MCH book observation. Data were analyzed using Chi-square. From the results of the study there are 51.7%

respondents who did CoC during ANC and 41.4% considered being prepared in birth preparedness. The result of statistic test showed that there is relation between CoC during antenatal and birth preparedness (p=0,001; OR=8,250; 95%CI 2,541-26,781). So it can be concluded that There is relation between CoC during antenatal and birth preparedness

Keywords: Continuity of Midwifery Care, ANC, Birth Preparedness

# INTRODUCTION

Antenatal Care (ANC) is the service of regular health screening of pregnant women for obstetric complications as well as diagnose to provide information about the lifestyle,

pregnancy and childbirth (Backe et al, 2015). Every pregnant women is strongly recommended to get a quality comprehensive ANC at least 4 times that is at least once in first trimester (before 14 weeks gestational age), once

in the second trimester (14-28 weeks gestation) and twice in the third trimester (28-36 week and after 36 weeks gestational age) include at least once visit with husbands or family members. The first visit of the ANC is highly recommended on 8-12 weeks gestational age (Backe et al, 2015; Kemenkes RI, 2015; Permenkes 97, 2014). In the year 2015, nearly all pregnant women (95.75%) in Indonesia has already done the first visit ANC (K1) and 87.48% of pregnant women have already done complete visit with a frequency of at least 4 times (K4) (Kemenkes RI, 2016).

The one of purpose the ANC is preparing for a woman in labor and birth (NICE, 2012). The birth preparedness is the initial planning and preparation for childbirth that aims to help women, husband and family in order to be ready to give birth by making plans face complications and unexpected things (FCI, 2016; WHO, 2006). The birth preparedness can be used to measure at six different level such as the individual women. family (husband/ partner). community, the healthcare provider, the health facility and the policy environment. At the individual level, pregnant women and their partners can prepare by learning to recognize danger signs that may indicate life-threatening complications for the mother and baby, identifying a skilled provider and a birth location, saving money, and arranging for transportation, identify blood donors (JHPIEGO, 2004; WHO, 2006). A woman who has been preparing the sixth element of the birth preparedness has been described WHO categorized "prepare" and when has been preparing less than sixth element ofbirth preparedness categorized "unprepared" (Gitonga, 2014).

Some research suggests that still lack women who categorized prepared in thebirth preparedness (Mutreja and Kumar, 2015; Bintabara et al, 2015). According to Gebre et al (2015) one of the factors that encourage the birth preparedness was the ANC. There is a higher proportion of prepare in women who do visit ANC 4 times or more than the visit to the ANC less than 4 times (Bintabara et al, 2015; Gitonga, 2014).

In addition to aiming to prepare for childbirth, according to Adriaansz in Saif (2013), one of the important reasons pregnant women should get the service of the ANC is to build mutual trust between the client and the health workers. Backe et al (2015) recommended to try

the continuity of care (CoC) in order for the client to know the caregivers. Continuity of care is one model of midwifery care that provides service in helping women build a relationship with the same care givers (can be either group) while pregnant, maternity and childbirth (Henderson et al., 2007). Continuity of care is one way to improve the overall service quality to decrease maternal and infant mortality. Continuity of care is sorely needed at each cycle of the life of one of them during pregnancy (Renfrew et al, 2014; Kerber et al, 2007).

ANC can be granted by the competent health worker such as doctor, midwives and nurses trained, in accordance with the applicable provision (Permenkes, 97, 2014). In general 80-90% pregnancy take place physiologically, and only 10-20% of pregnancy will be accompanied with complication. Midwives in the materal health care have the authority to antenatal service in normal pregnancies (Permenkes, 28/2017). The results of the Basic Health Research (Riskesdas) in the 2013 shows of antenatal services provided by midwives, and 52.5% were implemented in the practice of midwifery (Kemenkes RI, 2013).

This research aims to know the relationship of continuity of midwifery care in antenatal with birth preparedness in working area of Seberang Padang Public Health Center 2017.

## I. METHODS

This research is observational analytic with cross sectional design performed in working area of Seberang Padang Public Health Center during December 2016-September 2017 with samples is the women in a period of 6 weeks postpartum who meets the criteria of inclusion that is willing to be the respondents, did the ANC with midwives, according to the standard, has a MCH book and no complication in pregnancy that add up to 58 people were taken with the consecutive sampling technique. The independent variable in this study is continuity of midwifery care in antenatal wherea the dependend variable is birth preparedness obtained through interviews using questionnaires that Safe Motherhood Prototype modified from a Questionnaire from Monitoring of Birth Preparedness Complication Readiness (BP/CR): Tools and Indicators forMaternal and Newborn Health JHPIEGO which has been validated and the observation **MCH** book. Respondents categorized CoC in the ANC when pregnant women checks  $\geq$  4 times according to the standard, with one of the same midwife and had been getting advice in pregnancy and childbirth, categorized prepared in birth preparedness when knowing  $\geq$  6 items the birth preparedness described WHO. All data is processed using SPS with Chi Square test p value<0.05. This study was approved by The Committee of the Research Ethics of the Faculty of Medicine, Andalas University.

# II. RESULT

Sosiodemografi characteristics of respondents frequency distribution can be seen in table 1 below:

Table 1 Characteristics of Sosiodemografi Respondents

Respondents			
Characteristic		n	%
Maternal age (year)			
<20		2	3,5
20-35		54	93,1
>35		2	3,5
Parity			
Primipara		22	37,9
Multipara		36	62,1
Maternal education			
Illiterate		1	1,7
Elementary		3	5,2
Junior high school		13	22,4
Senior high scholl		30	51,7
University		11	19,0
Maternal employment			
Traders		0	0,0
House wife		45	77,6
Labour/ farmer		0	0,0
Civil servant		7	12,1
Self employed		6	10,3
Paternal education			
Illiterate		0	0,0
Elementary		3	5,2
Junior high school		6	10,3
Senior high scholl		36	62,1
University		13	22,4
Paternal employment			
Work		58	100,0
not work		0	0,0
	All	58	100,0

Based on table 1, it can be noted that for the majority of maternal age category at the age of 20 to 35 years is 93.1%. Based on parity that the majority of the respondents i.e. multipara category is 62.1%. Based on the educational level of the mother it is known that the majority of high school graduates is 51.7%. Based on the work, it is known that the majority of the respondents is a housewives as 77.6%. Based

on the level of education is well known that the majority of the respondents husband is graduating high school is 62.1%. Based on the work of the husband of the respondents note that entirely had the job.

**Table 2.** Frequency Distribution of CoC in antenatal

CoC in antenatal		n	%	
Yes		30	51,7	
No		28	48,3	
	All	58	100	

Based on table 2 noted that the majority of respondents classified as CoC in antenatal is 51.7%.

**Table 3.** Frequency distribution element of birth preparedness

Element of birth preparedness	n	%
learning to recognize danger signs	36	62,1
identifying a skilled provider	49	84,5
identifying a birth location	41	70,7
saving money	46	79,3
arranging for transportation	47	81,0
identifying blood donors	35	60,3

Based on table 3 it can be noted that the majority of respondents to better each elements in the birth preparedness of which namely 62.1% of respondents had learning to recognize danger signs in pregnancy, childbirth, postpartum newborn, 84.5% and respondents identifying a skilled provider, 70.7% respondent identifying healthcare facilities, 79.3% of respondents saving money, 81.0% of the respondents arranging and 60.3% transportation of respondents identifying blood donors.

**Table 4.** Frequency Distribution of Birth preparedness

Birth preparedness	n	%
Prepared	24	41,4
Unprepared	34	58,6
A	.ll 58	100

Based on table 4 note that the respondents are categorized prepared in birth preparedness just 41.4%. According to the WHO (2006) the birth preparedness are not easy to achieve especially in developing countries.

**Table 5**. Relationship of CoC in ANC with birth preparedness

CoC in Birth preparedness	OR	р
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ANC	unp	unprepared		epared	(95%	
	n	%	N	%	CI)	
No	26	92,9	2	7,1	8,250	
Vac	0	267	2	72.2	(2,541-	0,001
Yes	ō	26,7	2	73,3	26,781)	

Based on table 5 note that the respondents who do not CoC in antenatal only 7.1% categorized prepare, do while respondents who the CoC in antenatal, note that the majority belongs to prepare is 73.3%. The results of statistical tests obtained p value = 0.001 then can be concluded there significant is a relationship between the CoC in antenatal with birth preparedness. From the results of the analysis of the obtained values OR also = 8,250, meaning when the women do CoC in antenatal 8.25 times have the opportunity to be prepared preparedness in the birth than women don't CoC in antenatal

#### III. DISCUSSION

In antenatal visits, pregnant women will get service with a 10T standard one is the appointment speech (counseling) provided since the first contact. Material presented includes: a). Preparation and delivery readiness b). Initiation of complications, early exclusive breast milk, c). Postpartum family planning, d). The problem of nutrition, e). TT Immunization in pregnant women, f). Problems of chronic illness and disease contagious, g). The class mother. h). Brain booster. i). Information on HIV/AIDS (PMTCT/PPIA) and IMS, j). Information of violence against women. As for the content of messages conveyed health workers at the time of counseling about birth preparation and readiness of facing complications i.e. danger signs in pregnancy, labor and childbirth, motherhood maternity, where savings in labor, transportation reference, helper in childbirth, the prospective blood donors, labor companion and husband standby (Permenkes, 97, 2014; Kemenkes RI, 2010b).

The birth preparedness is an important component in the antenatal service (ANC)and is one of preventive health efforts mainly to reduce maternal and neonatal mortality and morbidity and because "Three Delays Model" (PMNCH, 2006; Saultz and Lochner, 2005; JHPIEGO, 2004). Research of Bintabara et al (2015), Gebre et al (2015) and Gitonga (2014), one of the predictors

of factors related to the birth preparedess was the \_visit of ANC. Women who did ANC visit 4 times or more have a proportion of birth preparedness is higher than in women who did visit the ANC less than 4 times. It is due to a opportunity or entry point for health good workers to inform and assist pregnant women in planning components important the birth preparedness at the time of the visit of ANC (Gebre et al, 2015).

study researchers focused not only on the quantity of visits the ANC alone, but also on kontinuitasnya. According to Gitonga (2014), with ANC visits 4 times or make pregnant women more cared more will for by midwives, especially when done at the same midwife or called CoC in ANC. A review showed that CoC relates significantly to health outcomes, and there is a positive relationship between the CoC with preventive health efforts including one is the birth preparedness (Saultz and Lochner, 2005).

The CoC's model will increase the sense of satisfaction in women as well as make more women know and trust such as the giver's midwife during her (Macdonald and Magill-Cuerden, 2013; NSW 2012: DOH. Health. 2007; Henderson et al, 2007). With model's CoC, midwives have time for discussions with expectant mothers so that a midwife will understand the wants and needs of women-centered. Therefore, the continuity of care of that is continuity of management, continuity of information and continuity of relationships 2007; Haggerty et (DoH, al, 2003). Thus, the information given women at to pregnant the time of appointment will be continuous speech mainly about the birth between visits is preparedness. Beliefs of pregnant women to midwives would be beneficial on compliance with the information given.In addition, the midwife can also help expectant mothers in childbirth preparation and conduct follow-up to information that has been provided mothers who earlier so that expectant the CoC in the ANC can be better prepared in

preparedness. Therefore the expected deploymen t model orphanage CoC can be maintained.

Respondents are classified as ready in the birth preparedness only a small part of it, although it is known that each of

the elements in the birth preparedness has been prepared by a majority of the respondents. The preparedness is indeed not achieve especially in developing countries. However, low delivery readiness can also be attributed to the quality of ANC given by health workers. It is mainly on the quality of information at the of appointment a speech given to the mother and husband in this case about the preparedness (Gebre et al, 2015; Kabakyenga et al, 2011).

In this research. the quality of appointment speech at time when the a ANC was given by a midwife to mother and the husband is not made observation directly. To ensure that the respondents have been getting advice during pregnancy is done questionnaire interviews with researchers and see documentation MCH'S book. It certainly raises a lot of weakness so that direct observation needs to be done to assess the quality of the information obtained by the respondents when the speech appointment.

of the delivery is The readiness only affected by antenatal visits, but can also be influenced by number of other a things. According to the WHO (2006), the birth preparedness in developing countries are difficult achieve because of the populationon average live with income less US \$1 per day. This is certainly hardly enough them to meet the needs of food and clothing much less to set aside money as a preparation in case of obstetric kegawatdaruratan.

A Research by A Nurdiyan, YY Yulizawati, LE Bustami, D Iryani in 2014 conclude that Antenatal class is a way for pregnant women to study together to obtain proper knowledge, for preventing from complication, increasing coverage of antenatal visits, and having child delivery at the health care practitioner and also prepare women for delivery. In every visit of antenatal class Women and father fasilitate to increase their understanding about what happen during labor and delivery, so that by following antenatal class regularly Women and family will be more prepare to do normal delivery (Nurdiyan, A et al 2014)

Associated with the income, according to the NCO et al (2015) husband who works is known to also have an effect on the readiness of the birthing woman. Women with low

incomes husbands would feel less need to birth preparedness plans carried out and could not be implemented due to financial constraints. In contrast, women with husbands whose incomes are enough then there will be the money that can be saved and used when in a State of emergency which is one element of birth preparedness (Gitonga, 2014).

From this research it is known that the whole of the respondent's husband has a job. The results study are in line with studies Bintabara et al (2015) and Gitonga(2014) above that respondents with husbands who be better in the work tend to birth preparedness. It can be seen that the majority of respondents to better prepare each elements of the delivery one readiness is regulating finance. As for the small not prepare the percentage that does to already Treasury due have health insurance. However, this study did not examine family income as in the research of Bintabara et al (2015)Gitonga (2014). Therefore, the need to further research with studies on family income. In addition, a midwife in the birth preparedness provide information mainly on financial elements in order to be better able to encourage mother and husband to save money or have health insurance.

In addition to related to the family income, in the research of Affipunguh and Laar(2016), low of birth preparedness in developing countries is also related to the area of residence and level of education of the mother. The situation in rural areaswill be more complex both in terms of income as well as the availability of transportation is transport.Even if the available and the money to pay for it is precisely the distance and roads less worthy causes can be a factor late in the life of a woman in obstetrical kegawatdaruratan (WHO, 2006).

The level of secondary education and above are known to have synergistic effects against the birthpreparedness

(Affipunguh and Laar, 2016). This is because the mother has reached the level of secondary education and above will better understand the importance of birth preparedness so that it will adhere to the counselling provided. In addition, an educated mother will also have a level of awareness about better health and have the ability and quality for the

health-related decisions (Bintabara etal, 2015; Tilahun a nd Sinaga, 2015; Emma-Ukaegbu etal, 2014; Gitonga et al, 2014; Kabakyenga et al, 2011).

Mother's education, not only in research and Kumar Mutreja (2015) found a connection between education husband with the readiness of childbirth. Mother with a husband cultured over base would be better in the birth preparedness. This is because an husband will be better able to understand information gained fromgood health health workers as well as from various other sources as well as an indication that the husband is the decision maker in the family effect on his wife to maternal health services (Tilahun and Sinaga, 2015).

In this study the majority of education respondents as well as respondent's husbandis graduating high school. This is certainly will increasingly support the birth preparedness especially when done with the model of CoC in the ANC. However, it should be noted again the quality of granting of information readiness appropriate levels of education so that labor can be understood by women and her husband from the various levels of education so that it is able to improve the birth preparedness.

According to Kabakyenga et al (2011), age of mother under 25 years of age are known to have a synergistic effect in conjunction with the birth preparedness. This is indicated from the survey reports health in Uganda that young women aged less than 25 years of age have a higher ratio in the ANC visits compared to women aged  $\geq 25$ Different case with according years. to Gitonga (2014) that the age is not significant effect against the birth preparedness. Thi is because most respondents indicated readiness on age range 40-44 years are and conversely the lowest readiness is the age of 30-34 years.

In this study, the majority of respondents are at 20-35 years of age. According to Affipunguh and Laar (2016) the existence of variations in the birth preparedness and environmental differences make it difficult to findings with other studies from many countries. As well as the need to maintain and enhance the birth preparedness for groups prior to the age groups at risk.

According to Gebre et al (2015), parity is one of the other predictors of factors related to the birth preparedness. Mother in primipara better birth preparedness due to the perception that they are at high risk and do not have the experience like a multipara. According to Gitonga (2014) women who have given birth to many times not to feel the need to plan the birth preparedness because of the mindset to follow the trend in the previous pregnancy.

In this study, the majority of respondents are a multipara. The results of the preparedness which is still low in this research line with research Gebre et al (2015) and Gitonga (2014) that tends to be better in the readiness childbirth primipara multipara. However, the respondents in study used more and bymultistage random sampling that is certainly more research results can be generalized to the population in this study compared with a sample and selected by nonprobability minimal sampling. Therefore, to further the need research by the method of sample selection. In addition, at a time when the ANC health workers also need to emphasize again about the birth preparedness in multipara.

#### The Limitations Of The Research

This study has been organised and carried out in accordance with the scientific procedure, however still has limitations:

- 1. data collection research carried out using a questionnaire that was interviewed by researcher so that they can give rise to subjectivity and sometimes the answers given by respondents do show the not real state of affairs. Respondents tend to answer the id eal may not correspond to the actual conditions. The truth of the collected data depends on the honesty and seriousness of respondents in answering the questionnaire. In addition. the weakness of the instruments using a questionnaire that the questions in the questionnaire a closed shape, structured so as not to open up opportunities for other answers he made by the respondent.
- 2. In addition to using the primary data with questionnaires, secondary data collection is also done by looking at the antenatal service documentation. Antenatal s

- ervice quality is not observed directly due to the limitations of the research design used. The weakness of the instrument using the documentation that health workers likelywill make the ideal service and documentation appropriate standards that may not be in accordance with the conditions of the service provided.
- 3. The respondents in this study is in period 6 weeks postpartum is so in conducting interviews occasionally interview process plagued with the condition around like babies fuss and should be breast fed or the presence of guests who visit to see a newborn.
- 4. Research involving a limited number of research subjects, i.e. as many as 58 people, so that the results could not be generalized to a group of subjects with large numbers. The sample used is necessary plus the amount so that the result is more accurate.

# IV. CONCLUSSION

There is a meaningful relationship between the continuity of midwifery care in antenatal with bir th preparedness in the region of clinics across the Pasture year 2017

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